


Crimson Dawn - Sadhana

 CRIMSON DAWN - SADHANA - Special Printed Edition
by Shrii Shrii Anandamurti, Others

Sadhana or spiritual effort is a science of spiritual development. Although spiritual development cannot be measured in an objective way there are signs and stages that point in the right direction in order to achieve the desired results. In this publication, we have combined the original writings of Shrii Shrii Anandamurti on the Stages of Psycho-Spiritual Development with original articles written with the purpose to bring Sadhana in the grasp of science and analysis. Shrii Shrii Anandamurti has written extensively on the subject of Sadhana and we have selected only a particular subject in order to focus an initial work of investigation and research which we hope will harbor more interest and practical application in the field of meditation and spiritual practices.

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