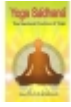


# Shrii Shrii Anandamurti Titles



- ## Yoga Sadhana: The Spiritual Practice of Yoga

Yoga in its true sense is the unification of the unit consciousness with Supreme Consciousness; and the practices developed over millennia to achieve that unification are correctly called yoga sadhana.

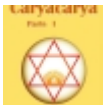
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- ## Work, Service and Sacrifice

Dharma Guru is a teacher who speaks out against exploitation and injustice, who makes His followers fight against this and who gives a new vision, mission and spiritual practice (yoga) to create a new humanity and a new human society. This book is a collection of His words vibrant with His tapas (austerities) on behalf of suffering humanity.

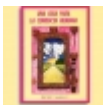
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- ## Ananda Marga Filosofía Espiritual Elemental

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The Subhásita Samgraha ("Collected Discourses") series assembles all the Dharma Mahácakra (DMC) discourses given by Shrii Shrii Ánandamúrti. Dharma Mahácakras, large spiritual congregations addressed by Shrii Shrii Ánandamúrti, were held in cities and towns all over the world.

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Mahábhárata literally means "Great India". Hence Mahábhárata became the name both for a campaign led by Krsna to unify India, and for the epic composition about that campaign. P. R. Sarkar gives a unique analysis of the historical context and of some of the key figures, including Krsna himself.

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- Ananda Vánii Samgraha

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The science of psychology, as studied and practised within the traditions of yoga and Tantra, begins with our cakras (or plexi, psycho-spiritual centers) and the various glands associated with each cakra.

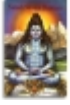
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