

Shrii Shrii Anandamurti Titles



- ## Yoga Sadhana: The Spiritual Practice of Yoga

Yoga in its true sense is the unification of the unit consciousness with Supreme Consciousness; and the practices developed over millennia to achieve that unification are correctly called yoga sadhana.

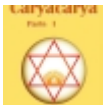
[READ MORE](#)



- ## Work, Service and Sacrifice

Dharma Guru is a teacher who speaks out against exploitation and injustice, who makes His followers fight against this and who gives a new vision, mission and spiritual practice (yoga) to create a new humanity and a new human society. This book is a collection of His words vibrant with His tapas (austerities) on behalf of suffering humanity.

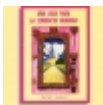
[READ MORE](#)



- ## Caryácarya Parte I en Español

Esta parte contiene todas las reglas relacionadas a la salud física que deben ser seguidas para progresar en la sáadhaná mental y espiritual.

[READ MORE](#)



- ## Una Guía Para la Conducta Humana

Yama y Niyama, los dos primeros pasos del astaunga yoga, forman el código moral yogui, la base moral en que se fundan las practicas espirituales de todos los aspirantes de yoga.

[READ MORE](#)



- ## Ananda Marga Filosofía Espiritual Elemental

¿Que es la Entidad Cosmica? ¿Quien y que soy yo? ¿Cual es el proposito de la vida humana? ¿Como deben vivir los seres humanos en este mundo? ¿Porqué hacer practicas espirituales? Estas son preguntas fundamentales que han agitado a mentes inquisitivas de todas epocas y lugares.

[READ MORE](#)



- El Lirio y la Luna

Una colección de 38 discursos devocionales acerca del buscador espiritual y la relación con el ser divino.

[READ MORE](#)



- Subhásita Samgraha (series)

The Subhásita Samgraha ("Collected Discourses") series assembles all the Dharma Mahácakra (DMC) discourses given by Shrii Shrii Ánandamúrti. Dharma Mahácakras, large spiritual congregations addressed by Shrii Shrii Ánandamúrti, were held in cities and towns all over the world.

[READ MORE](#)



- Karma Yoga

O human being! be established in the radiance of divinity and the splendour of valour and chivalry, because yours is the the path of revolution.

[READ MORE](#)



- Discourses on the Mahábhárata

Mahábhárata literally means "Great India". Hence Mahábhárata became the name both for a campaign led by Krsna to unify India, and for the epic composition about that campaign. P. R. Sarkar gives a unique analysis of the historical context and of some of the key figures, including Krsna himself.

[READ MORE](#)



- Ananda Vánii Samgraha

Shrii Shrii Ánandamúrti gave special messages on the occasions of the New Year and his birthday. This book is a collection of those inspirational messages.

[READ MORE](#)



- ### Ananda Vacanámrtam (series)

The *Ánanda Vacanámrtam* ("Blissful Discourses") series assembles all the known General Darshan discourses given by Shrii Shrii *Ánandamúrti*.

[READ MORE](#)



- ### Ananda Marga Philosophy in a nutshell (series)

The author's most essential spiritual discourses, conveniently compiled in eight parts.

[READ MORE](#)



- ### Ananda Marga Ideology and Way of Life (series)

Dharma Mahácakras, large spiritual congregations addressed by Shrii Shrii *Ánandamúrti*, were held in cities and towns all over the world. They were an important feature of Ananda Marga throughout most of *Ánandamúrti*'s long life as its preceptor.

[READ MORE](#)



- ### Baba's Grace

A collection of 38 devotional discourses about the spiritual seeker and the relationship with the Divine.

[READ MORE](#) [VISIT SITE](#)



- ### Yoga Psychology

The science of psychology, as studied and practised within the traditions of yoga and Tantra, begins with our cakras (or plexi, psycho-spiritual centers) and the various glands associated with each cakra.

[READ MORE](#)



- ### Namámi Krsna Sundaram

The exercise of comparing one philosophy to another is a difficult intellectual task, but there are many precedents for it.

[READ MORE](#)



- [Namah Shiváya Shántáya](#)

Shiva the historical personality has long been lost to view, hidden under layer upon layer of myth.

[READ MORE](#)



- [Idea and Ideology](#)

Like no other book, but rather like spiritual practice itself, Idea and Ideology methodically, in a careful sequence, expands the reader's horizons and mind.

[READ MORE](#)



- [Discourses on Tantra Volume 2](#)

The author explains what sets Tantra apart from any other spiritual path - and discloses much about the actual practice of Tantra. [rps-paypal]

[READ MORE](#)