Yoga: The Way of Tantra



[wp_cart:Yoga The Way of Tantra:price:8.00:end]

Yoga: The Way of Tantra compiled and edited by Ac. Bhavamuktananda Avadhuta

7000 years ago the majestic Himalayan Mountains brought forth a great Yogi, bringing with him the knowledge necessary to build a world civilization: Arts, music, science, medicine, language, social norms and most important the psycho-spiritual practices of Tantra Yoga.

Sada Shiva perfected this mysterious and esoteric science and taught it to those willing to follow a path of self-discipline and welfare for all.

Today, P. R. Sarkar, (Shrii Shrii Anandamurti) a leading scholar from India and himself a realized master of the process of meditation, has revitalized this ancient science.

Yoga: The Way of Tantra explains clearly those ancient and time tested practices which develop human beings in all levels: physically, mentally and spiritually.

94 pp. paperback ISBN: 971-8623-06-X Price: \$8.00