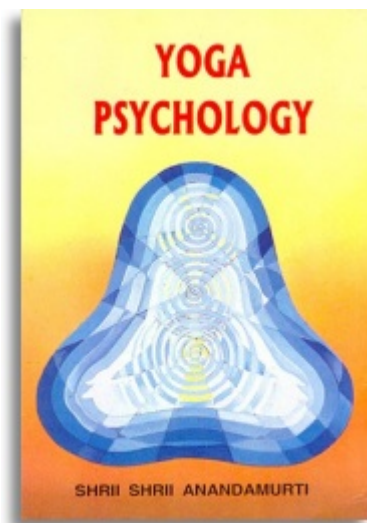


Yoga Psychology



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The science of psychology, as studied and practised within the traditions of yoga and Tantra, begins with our cakras (or plexi, psycho-spiritual centers) and the various glands associated with each cakra. The development of these structures is influenced by all our past actions and by a range of environmental factors that, like the mind itself, go far beyond what is conventionally contemplated by psychology. Shrii Shrii Ánandamúrti explains and enhances this science, which is essential to success in our spiritual practices.

Price: \$12.00