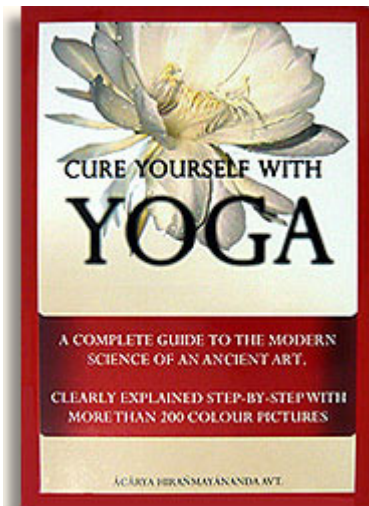


Cure Yourself with Yoga



[wp_cart:Cure Yourself with Yoga:price:25.00:end]

Cure Yourself with Yoga by Dada Hiranmayananda Avt.

Cure yourself with Yoga is one of the most comprehensive and wide-ranging guide books to the ancient art of yoga. Whether the reader seeks quick, accessible guidelines for yogic treatment, or more detailed discussions on yogic principles and physiology, this books offer a wealth of knowledge and authoritative detail. (All pages are in color.)

124 pp. paperback ISBN: 975920521-1 Price: \$25.00