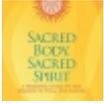


# Other Authors Titles



•

Sacred Body, Sacred Spirit: A Personal Guide To The Wisdom Of Yoga And Tantra

Sacred Body, Sacred Spirit is a book about transforming our ordinary lives into a sacred experience. You will be introduced to Tantra as the essence of yogic practice and philosophy. Known by the ancient yogis as a powerful conduit for personal transformation, Tantra holds the secret to turning our longings into love and our feelings of separation into spiritual union.

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The author was an accomplished engineer. In 1958, after a short stint of work in a coal mine in India, he came into contact with Ananda Marga. In 1963, after his meeting with Baba, he decided to dedicate himself to the path of self-realisation and service as a renunciate monk.

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