

# Other Authors Titles



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Sacred Body, Sacred Spirit: A Personal Guide To The Wisdom Of Yoga And Tantra

Sacred Body, Sacred Spirit is a book about transforming our ordinary lives into a sacred experience. You will be introduced to Tantra as the essence of yogic practice and philosophy. Known by the ancient yogis as a powerful conduit for personal transformation, Tantra holds the secret to turning our longings into love and our feelings of separation into spiritual union.

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Growing A New Economy - Beyond Crisis Capitalism and Environmental Destruction

Growing A New Economy presents integral solutions to our economic problems that will be vitally important in future restoration of our global ecosystems.

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Tantra: The Yoga of Love & Awakening

A great historical and philosophical summary of Tantra that dispels misconceptions regarding the subject with practical and inspirational pointers on how to apply the principles of Tantra in daily life. Probably one of the best books on the subject because of how concise ,well researched and pointed the book was organized by the author.

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Anandamurti: The Jamalpur Years

Based on the oral histories of his disciples, colleagues, and family, Anandamurti: The Jamalpur Years unveils a remarkable portrait of this often misunderstood saint and social thinker. Rather than being an academic study of one man's life, Anandamurti is primarily a collection of devotional and mystical stories set in a biographical framework that provides the reader with a portal into the magical world of Indian mysticism, yoga, and Tantra.

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## Prabhat Samgiita: A Literary and Philosophical Appreciation

A deep look at the songs of P.R. Sarkar (the collection of 5018 songs known as Prabhata Samgiita). Dr Sarkar compares these songs to thoughts of Vivekananda, Tagore and Aurobindo and explores the mystical and devotional poetry of the lyrics.

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- [¿Que hay de malo en comer carne?](#)

Si usted es vegetariano ya se lo habrán preguntado muchas veces. Si no lo es, quizás se lo haya preguntado alguna vez. Existen razones filosóficas, de salud, ecológicas, políticas, económicas y morales para no comer carne.

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- [Más allá de la Mente Superconsciente](#)

La existencia humana no es una realidad única, sino la continuidad de varios estratos que van desde lo más burdo y denso - el cuerpo físico - pasando por los distintos niveles de la mente, hasta lo más profundo y sutil, normalmente llamado "espíritu" o "alma".

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- [Tantra, la Ciencia Eterna](#)

Este libro presenta por primera vez ante el público un enfoque práctico y cotidiano sobre las técnicas del camino del Tantra.

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- [Yoga Para la Salud](#)

Ejercicios de yoga de Ananda Marga.

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- [Vegetarianismo: El Cómo y El Porqué](#)

¿Porqué la gente se hace vegetariana? ¿Qué hay de malo en comer carne? ¿Cómo hacerse vegetariano? ¿Qué comer cuando se deja la carne? . . . Estas son cuestiones que las personas que no son vegetarianas se han preguntado alguna vez, y a los vegetarianos se lo habrán preguntado muchas veces.

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- Reminiscences of BA'BA'

"Remember, by an unalterable decree of history, the evil forces are destined to meet their final doom." -- Shrii Shrii Anandamurti

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- Unforgettable Memories

The author was an accomplished engineer. In 1958, after a short stint of work in a coal mine in India, he came into contact with Ananda Marga. In 1963, after his meeting with Baba, he decided to dedicate himself to the path of self-realisation and service as a renunciate monk.

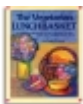
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- The Wisdom of Yoga

This is a short introduction to the basic elements of Ananda Marga philosophy with chapters explaining the origin of Tantra, eight-limbed yoga, the structure of the mind, reincarnation and the cosmic cycle of creation.

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- The Vegetarian Lunchbasket

225 easy, nutritious recipes for the quality conscious family on the go.

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- The Tao of Motherhood

The Tao of Motherhood merges Eastern mysticism with Western practicality. Reading Vimala's book is like having

Lao Tzu and Chuang Tzu in your living room holding your hand.

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- ### The Supreme Friend

During his tenure as Shraman of Sweden Training Center for Acaryas of NAnad Marga, Acarya Dhruvananda Avadhuta remembered few devotional experiences with Shrii Shrii Anandamurti - His Supreme Friend.

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- ### The Life and Teachings of Shrii Shrii Anandamurti

A revealing book of the personality of Shrii Shrii Anandamurti since His childhood written in a way everybody can understand.

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- ### The Downfall of Capitalism & Communism

This book was completely ignored when first published in 1978 by Macmillan Press in London, because at the time communism seemed invincible. No one can ignore it now as the Berlin Wall crumbles before our very eyes and America sinks deeper into a vast ocean of debt.

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- ### Tantric Women Tell Their Stories

The stories told here capture the diversity of women's spiritual experience exploring the struggles and triumphs of spiritual life.

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